

ARISE

The ARISE Child and Family Mental Health Services are designed to provide quality mental health treatment for a wide range of individuals. We treat people of all ages, diagnoses, and situations in a variety of on-site and satellite offices. Treatment for each client varies depending on the needs and preferences of each individual.

ARISE has a satellite office located within ESM High School and is available for new participants. Examples of students involved in our program are students experiencing multiple psychosocial stressors, such as anxiety, peer relationship issues, excessive worry, and depression. Family related stresses include difficulty of parents to consistently meet basic needs; loss of a parent due to death, violence, incarceration, or abandonment; and parent substance use issues. The result is children who exhibit behavioral difficulties; excessive school absences, truancy, and suspension; and a host of other issues that affect their ability to learn. We are able to provide therapy in person or via zoom.

School-Based Mental Health Clinician provides the following services:

- Individual therapy
- After hours crisis support to existing clients
- Family sessions to support an individual client's goals, in the home when necessary and appropriate
- Referral for psychiatric evaluation and medication management with an ARISE prescriber at our main location at 635 James Street in Syracuse

Eligibility for our Mental Health services:

- **Identified need for services** - Identified need can come from the individual his/herself or from others in the student's life. We accept referrals from a variety of sources. In the case of minors, a parent or guardian's consent is required for treatment of the minor.
 - **School Based Mental Health Referral Sources:** teachers, administration, school support staff, parents
- **Financial responsibility for services** – Regarding financial responsibility, we participate with Medicaid, Medicare, the vast majority of Medicaid Managed Care Programs, and private insurance and we prefer our clients to be covered by insurance. If a client does not have insurance or loses insurance, we offer a sliding fee scale based on annual income and payment for service is billed monthly.

For more information or questions/concerns please contact Stephanie Wallace, ARISE Mental Health Clinician at ESM High School, at (315) 466-3858.