

WIND CHILL PROCEDURES

Administration of Wind Chill Procedures:

- Feels Like Temperature (Wind Chill) will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 39 degrees (Fahrenheit) or lower.
- Download WeatherBug app to your phone or log into <u>www.weatherbug.com</u>.
- Enter zip code or city and state in the location section of the app or on-line.
- If the Feels Like temperature (wind chill) is 10 degrees or below, the athletic trainer, athletic director, or school designee must re-check the Feels Like (wind chill) at halftime or midway point of the contest. If the Feels Like (wind chill) temperature is -11 degrees (Fahrenheit) or lower, the contest will be suspended.

	Feels Like Temp	Full activity. No restrictions
	(wind chill) above 40	
	degrees	
	Wind Chill Caution:	Stay adequately hydrated.
	Feels Like Temp	Notify coaches of the threat of cold related illnesses.
R	(wind chill) 39	Have students and coaches dress in layers of clothing.
E	degrees to 20	
С	degrees	
0	Wind Chill Watch:	Stay adequately hydrated.
M	Feels Like Temp	Notify coaches of the threat of cold related illnesses.
M	(wind chill) 19	Have students and coaches dress in layers of clothing.
E	degrees to 10	Cover the head and neck to prevent heat loss.
N	degrees	
D	Wind Chill Warning:	Stay adequately hydrated.
E	Feels Like Temp	Notify coaches of the threat of cold related illnesses.
D	(wind chill) 9 degrees	Have students and coaches dress in layers of clothing.
	to -10 degrees	Cover the head and neck to prevent heat loss.
		Consider postponing practice to a time when the Feels Like temp is much higher.
		Consider reducing the amount of time for an outdoor practice
		session.
	Wind Chill Alert: Feels	No outside activity, practice or contest, should be held.
REQUIRED	Like Temp (wind chill)	
	-11 degrees or lower	

Please refer to the following chart to take the appropriate actions:

Special Note: Alpine Skiing will be exempt from this policy and will follow the regulations of the host ski center where the practice or event is being held.

Approved May 1, 2010 Updated July 27, 2016