



## ESM Pine Grove Lunch Menu, April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1-Apr</b>	<b>2-Apr</b>	<b>3-Apr</b>	<b>4-Apr</b>	<b>5-Apr</b>
Honey Glazed Chicken with Dinner Roll Crinkle Cut Fries Cheese, Pepperoni or Sausage Pizza Garden Salad with Turkey Fresh NYS Apple	Beef Taco Nachos Fresh Zucchini Sticks Cheese, Pepperoni or Sausage Pizza Garden Salad with Turkey Orange Wedges	Popcorn Chicken Bowl with Mashed Potatoes Grape Tomatoes Cheese, Pepperoni or Sausage Pizza Garden Salad with Turkey Red Grapes	Buffalo Ckn Wing Dip / Spicy Chili & Chips Seasoned Broccoli Cheese, Pepperoni or Sausage Pizza Garden Salad with Turkey Bananas	General Tso's Chicken over Rice Sesame Soy Roasted Carrots Cheese, Pepperoni or Mozz Cheese Sticks w/Marinara Garden Salad with Turkey Watermelon Cubes
<b>8-Apr</b>	<b>9-Apr</b>	<b>10-Apr</b>	<b>11-Apr</b>	<b>Lucky Tray Day!</b>
Chicken Tenders Butternut Squash Cheese, Pepperoni or Buffalo Chicken Pizza Mixed Green Salad w/Chz Fresh NYS Apple	Chicken Fajita Seasoned Corn Cheese, Pepperoni or Buffalo Chicken Pizza Mixed Green Salad w/Chz Orange Wedges	BBQ Chicken with Baked Beans Hearty Romaine & Spinach Salad Cheese, Pepperoni or Buffalo Chicken Pizza Mixed Green Salad w/Chz Bananas	Pasta Bar! <b>Yogurt and Fruit Dip</b> Cheese, Pepperoni or Buffalo Chicken Pizza Mixed Green Salad w/Chz Cantaloupe Cubes	National Grilled Cheese Day! Tomato Soup and Green Beans Cheese, Pepperoni or Mozz Cheese Sticks w/Marinara Mixed Green Salad w/Chz Honeydew
<b>15-Apr</b>	<b>16-Apr</b>	<b>17-Apr</b>	<b>18-Apr</b>	<b>19-Apr</b>
Spring Recess  No School	Spring Recess  No School	Spring Recess  No School	Spring Recess  No School	Spring Recess  No School
<b>Happy Earth Day!</b>	<b>23-Apr</b>	<b>24-Apr</b>	<b>25-Apr</b>	<b>26-Apr</b>
Hot & Spicy Popcorn Chicken Cauliflower Florets Cheese, Pepperoni or Buffalo Chicken Pizza Salad with Chicken Fresh NYS Apple	Turkey Taco Macho Nachos Red & Green Pepper Strips Cheese, Pepperoni or Buffalo Chicken Pizza Salad with Chicken Fresh Pears	Early Dismissal Day  Chicken Tenders with French Fries  Cheese or Pepperoni Pizza	American Cheeseburger Seasoned Corn Cheese, Pepperoni or Buffalo Chicken Pizza Salad with Chicken Orange Wedges	French Toast with Chicken Sausage Garbanzo Beans Cheese, Pepperoni or Mozz Cheese Sticks w/Marinara Salad with Chicken Fresh NYS Apple
<b>Healthy and Nutritious Fruits and Vegetables Available Daily! Milk options include Strawberry, Chocolate, Skim and 1% Daily!</b>				
<b>Daily Alternate Entrees:</b> Hummus with Chips and Veggies, Bagel with Cream Cheese or Peanut Butter and String Cheese, Peanut Butter & Jelly Sandwich, Yogurt Fruit and Granola Parfait				
<p><b>In April we are celebrating Yogurt!</b> Yogurt has "good" bacteria called probiotics that help keep our digestive and immune systems healthy. Yogurt is highly nutritious and is an excellent source of protein, calcium and potassium. April is <b>Earth Month</b>, celebrate <b>Love Food Not Waste</b> and take the pledge to reduce waste!</p>				
Please note menus are subject to change.	In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.	Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.	To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027) found online at: <a href="http://www.ascr.usda.gov/complaint_filing_cust.html">http://www.ascr.usda.gov/complaint_filing_cust.html</a> , and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue SW, Washington, D.C. 20250-9410; (2) fax: 9202/690-7442; or (3) email: <a href="mailto:program.intake@usda.gov">program.intake@usda.gov</a> . This institution is an equal opportunity employer.	