



ESM High School Breakfast Menu, April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1-Apr	2-Apr	3-Apr	4-Apr	5-Apr
Egg, Cheese & Turkey Bacon Bagel Assorted WG Muffins & Cereals with String Cheese Bagel with Cream Cheese or Peanut Butter Yogurt Parfait / Smoothie Fruit Juice & Chilled Fruit	Egg, Cheese & Turkey Bacon Bagel Assorted WG Muffins & Cereals with String Cheese Bagel with Cream Cheese or Peanut Butter Yogurt Parfait / Smoothie Assorted Fruit	Breakfast Burrito Assorted WG Muffins & Cereals with String Cheese Bagel with Cream Cheese or Peanut Butter Yogurt Parfait / Smoothie Assorted Fruit	Egg, Cheese & Turkey Bacon Bagel Assorted WG Muffins & Cereals with String Cheese Bagel with Cream Cheese or Peanut Butter Yogurt Parfait / Smoothie Assorted Fruit	Egg, Cheese & Turkey Bacon Bagel Assorted WG Muffins & Cereals with String Cheese Bagel with Cream Cheese or Peanut Butter Yogurt Parfait / Smoothie Juice & Strawberries
8-Apr	9-Apr	10-Apr	11-Apr	12-Apr
English Muffin with Egg, Cheese & Turkey Ham Assorted WG Muffins & Cereals with String Cheese Bagel with Cream Cheese or Peanut Butter Yogurt Parfait / Smoothie Fruit Juice & Chilled Fruit	English Muffin with Egg, Cheese & Turkey Ham Assorted WG Muffins & Cereals with String Cheese Bagel with Cream Cheese or Peanut Butter Yogurt Parfait / Smoothie Assorted Fruit	Breakfast Burrito Assorted WG Muffins & Cereals with String Cheese Bagel with Cream Cheese or Peanut Butter Yogurt Parfait / Smoothie Assorted Fruit	English Muffin with Egg, Cheese & Turkey Ham Assorted WG Muffins & Cereals with String Cheese Bagel with Cream Cheese or Peanut Butter Yogurt Parfait / Smoothie Assorted Fruit	English Muffin with Egg, Cheese & Turkey Ham Assorted WG Muffins & Cereals with String Cheese Bagel with Cream Cheese or Peanut Butter Yogurt Parfait / Smoothie Juice & Blueberries
15-Apr	16-Apr	17-Apr	18-Apr	19-Apr
Spring Recess No School	Spring Recess No School	Spring Recess No School	Spring Recess No School	Spring Recess No School
22-Apr	23-Apr	24-Apr	25-Apr	26-Apr
Egg, Cheese & Turkey Ham on a Bagel Assorted WG Muffins & Cereals with String Cheese Bagel with Cream Cheese or Peanut Butter Yogurt Parfait / Smoothie Fruit Juice & Chilled Fruit	Egg, Cheese & Turkey Ham on a Bagel Assorted WG Muffins & Cereals with String Cheese Bagel with Cream Cheese or Peanut Butter Yogurt Parfait / Smoothie Assorted Fruit	<i>Early Dismissal Day</i> Assorted WG Muffins & Cereals with String Cheese Bagel with Cream Cheese or Peanut Butter Yogurt Parfait / Smoothie Assorted Fruit	Egg, Cheese & Turkey Ham on a Bagel Assorted WG Muffins & Cereals with String Cheese Bagel with Cream Cheese or Peanut Butter Yogurt Parfait / Smoothie Assorted Fruit	Bacon & Eggs Assorted WG Muffins & Cereals with String Cheese Bagel with Cream Cheese or Peanut Butter Yogurt Parfait / Smoothie Juice & Pineapple Cubes
Milk options offered daily include Fat Free Chocolate, Skim, Strawberry and 1%. / Menu is subject to change.				
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