



## ESM Elementary Breakfast Menu, April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1-Apr</b>	<b>2-Apr</b>	<b>3-Apr</b>	<b>4-Apr</b>	<b>5-Apr</b>
Assorted Whole Grain Muffins Assorted Cold Cereals with String Cheese Chilled Fruit, Fresh Fruit Juice and Milk	French Toast Assorted Cold Cereals with String Cheese Chilled Fruit, Fresh Fruit Juice and Milk	Whole Grain Bagel with Cream Cheese or Peanut Butter Assorted Cold Cereals with String Cheese Yogurt Parfait w/Granola Fruit, Juice & Milk	Breakfast Bagel Sandwich Assorted Cold Cereals with String Cheese Yogurt Parfait w/Granola Fruit, Juice & Milk	Assorted Whole Grain Muffins Assorted Cold Cereals with String Cheese Strawberries Juice and Milk
<b>8-Apr</b>	<b>9-Apr</b>	<b>10-Apr</b>	<b>11-Apr</b>	<b>12-Apr</b>
Assorted Whole Grain Muffins Assorted Cold Cereals with String Cheese Chilled Fruit, Fresh Fruit Juice and Milk	French Toast Assorted Cold Cereals with String Cheese Chilled Fruit, Fresh Fruit Juice and Milk	Strawberry Banana Smoothie Assorted Cold Cereals with String Cheese Yogurt Parfait w/Granola Juice and Milk	Breakfast Bagel Sandwich Assorted Cold Cereals with String Cheese Yogurt Parfait w/Granola Fruit, Juice & Milk	Assorted Whole Grain Muffins Assorted Cold Cereals with String Cheese Blueberries Juice and Milk
<b>15-Apr</b>	<b>16-Apr</b>	<b>17-Apr</b>	<b>18-Apr</b>	<b>19-Apr</b>
Spring Recess  No School	Spring Recess  No School	Spring Recess  No School	Spring Recess  No School	Spring Recess  No School
<b>22-Apr</b>	<b>23-Apr</b>	<b>24-Apr</b>	<b>25-Apr</b>	<b>26-Apr</b>
Assorted Whole Grain Muffins Assorted Cold Cereals with String Cheese Chilled Fruit, Fresh Fruit Juice and Milk	French Toast Assorted Cold Cereals with String Cheese Chilled Fruit, Fresh Fruit Juice and Milk	Strawberry Pop Tarts! Assorted Cold Cereals with String Cheese Yogurt Parfait w/Granola Fruit, Juice & Milk	Breakfast Bagel Sandwich Assorted Cold Cereals with String Cheese Yogurt Parfait w/Granola Fruit, Juice & Milk	Assorted Whole Grain Muffins Assorted Cold Cereals with String Cheese Chilled Fruit, Fresh Fruit Pineapple
<b>Milk Options Include Strawberry, Chocolate, Skim and 1% Daily!</b>				
<p><i>Please note menus are subject to change.</i></p>	<p><small>In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.</small></p>	<p><small>Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.</small></p>	<p><small>To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: <a href="http://www.ascr.usda.gov/complaint_filing_cust.html">http://www.ascr.usda.gov/complaint_filing_cust.html</a>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistance Secretary for Civil Rights, 1400 Independence Avenue SW, Washington, D.C. 20250-9410; (2) fax: 9202/690-7442; or (3) email: <a href="mailto:program.intake@usda.gov">program.intake@usda.gov</a>. This institution is an equal opportunity employer.</small></p>	

